

Derby Festival of Caring

Join Creative Carers'
celebration of
Carers Week
at Derby's first
Festival of Caring

**Thursday 14th
June 2018**
10.30am-2.00pm



*At Haven House
and Oddfellows,
Charnwood Street,
Derby*
Tel: 01332 227711

FREE ENTRY
All welcome!

**Join in with the festival
spirit:**

- Carers' Treasure Hunt *
**Must register in advance,
£2 entry. Special Prize for the winner.*
- Arts and Crafts
- Zumba
(sitting or standing)
- Singalong Karaoke

**Quieter alternatives
always available**

Be entertained by:

- A carer playing local character Catherine Lucy Harper (lived 1730's)
- Chat and tea at Haven House
- Cultural Dancing

Listen to:

- Carers' stories on ipads
- How the 'walk a mile in my shoes' project was set up

**Free Hot & cold drinks
and food
available to buy**

ASDA FOUNDATION
'Supporting Your Local Community'

NHS
Southern Derbyshire
Clinical Commissioning Group



A range of information and resources about support for the caring role available

Derby's First Festival of Caring PROGRAMME

At Oddfellows Hall:

- 10:30am Treasure Hunt starts here (must register in advance)
Open Mic
- 11:00am Learn the Haven House folk song
(very catchy!)
- 11:10am Karaoke sing-along
- 11:45am Break
- 12:00pm Quiz
- 12:15pm Zumba (sit or stand)
- 12:45pm Catherine Lucy Harper tells her local story
(she lived in the 1730's)
- 12:50pm Fiona's story: carer, historian who once lived in the same
house as Catherine
- 12:55pm Sound clips from 'walk a mile in my
shoes project'
- 1.00pm Lunch. Buy what you eat.
- 1:30pm Cultural dancing
- 2:00pm Ends



At Haven House:

From 10:30am-2:00pm

- Chill out/quiet space
- Tea and chat
- Join in with arts and crafts
- A mile in your shoes project—listen to carers stories on ipads
- Information and resources about the caring role

