

“Spread the Word”

Please note, there may be rare occasions where sessions may change at short notice due to unforeseeable circumstances. Therefore if this is your first visit to a group, or if you haven't been for a while please ring the number below for any updates.

Derbyshire Office

01246 592 010

If you would like to make any suggestions about the groups or provide feedback in confidence please contact

<u>Service Manager</u>	<u>Quality Assurance</u>
Making Space Kelstedge Office Unit 4 Ashover Business Centre Matlock Road, Kelstedge Ashover Derbyshire. S45 0DX	Making Space Head Office Lyne House 46 Allen Street Warrington Cheshire. WA2 7JB
Tel: 01246 592 010	Tel: 01925 581 720

Activity Groups

Contact us today for more information

email: derbyshiredementia.service@makingspace.co.uk

Derbyshire Dementia Support Service



Carer support groups

Where carers can access peer support, guidance and information. Respite is available for the person with dementia

Memory sessions and activity groups

For both carers and people living with dementia to engage in activities in a warm and friendly environment.



Musical memory groups

Enjoy a fun and interactive environment while engaging in musical reminiscence

Alfreton

Memory Session
& Group Activity
Second Monday
2:00pm - 4:00pm

Providence Place Community Centre, Providence Place
Alfreton. DE55 7AZ

Nov 13 Dec 11

Sports Reminiscence
Group
Second Thursday
1:15pm - 2:45pm

Alfreton Town Football Club, North Street
Alfreton DE55 7FZ

Nov 9 Dec 14

Ashbourne

Memory Session
& Group Activity
First Thursday
2:00pm - 4:00pm

The Waterside Centre, Waterside Road
Ashbourne DE6 1DG

Nov 2 Dec 7

Bakewell

Memory Session
& Group Activity
Second Monday
10:30am - 12:30pm

Medway Community Centre, New Street
Bakewell DE45 1DY

Nov 13 Dec 11

Belper

Memory Session
& Group Activity
Third Monday
2:00pm - 4:00pm

Manor Farm Community Centre, New Beck Road
Belper DE56 1 PH

Nov 20 Dec 18

Carer Support
Group
First Tuesday
2:00pm - 4:00pm

Belper Community Cottage, 16 Chapel Street
Belper DE56 1AR

Nov 7 Dec 5

Bolsover

Musical Memories
Group
First Wednesday
10:00pm - 12:00pm

Bainbridge Hall Community Centre, Carr Vale
Bolsover S44 6PX

Nov 1 Dec 6

Dementia Support Services



For some, being diagnosed with dementia can be a daunting prospect, but having a diagnosis means that you can make plans and take positive steps to maintain your independence, plan for the future and ultimately live life to the full.

Making Space provides specialist dementia care and support to a great number of carers and people with dementia across the country. Our services can support people with dementia from early diagnosis throughout their journey.

We can provide you with information, support and guidance that may enable (or increase the likelihood) for you to stay in your own home for as long as possible. This information could for example help you access support with daily living, personal care, keeping safe, and accessing local community groups and day services.

We work closely with a variety of services and national initiatives, such as the Dementia Action Alliance, Memory Clinics, Admiral Nurses and other valued partners.



South Normanton

Memory Session
& Group Activity

Fourth Tuesday
2:00pm - 4:00pm

The Post Mill Centre, Market Street
South Normanton DE55 2EJ

(No group in Dec)
Nov 28

Staveley

Memory Session
& Group Activity

Fourth Thursday
1:30pm - 3:30pm

The Staveley Centre, Calver Street
Staveley S43 3LY

(No group in Dec)
Nov 23

Swadlincote

Memory Session
& Group Activity

Second Wednesday
10:30am - 12:30pm

Oaklands Village,
Swadlincote DE11 8LH

Nov 8 Dec 13

Carer Support
Group

Fourth Wednesday
10:30am - 12:30pm

Oaklands Village,
Swadlincote DE11 8LH

(No group in Dec)
Nov 22

Shirebrook

Musical Memories
Group

Second Tuesday
10:30am - 12:00pm

Miners Welfare, Central Drive
Shirebrook NG20 8BA

Nov 14 Dec 12

Willington

Memory Session
& Group Activity

Third Wednesday
10:30am - 12:30pm

Willington Surgery, Kingfisher Lane
Willington DE65 6QT

Nov 15 Dec 20

Breaston

Memory Session
& Group Activity

Fourth Thursday
1:30pm - 3:30pm

Methodist Church Hall, Blind Lane
Breaston DE72 3DX

(No group in Dec)
Nov 23

Buxton

Memory Session
& Group Activity

Third Tuesday
10:30am - 12:30pm

Buxton Cricket Club, The Park
Buxton SK17 6SG

Nov 21 Dec 19

Musical Memories
Group

First Tuesday
10:30am - 12:30pm

Haddon Hall Care Home, 135 London Road
Buxton SK17 9NW

Nov 7 Dec 5

Chesterfield

DEEP Group

Third Tuesday
10:00am - 12:00pm

St Helana's Campus, University of Derby, Chesterfield Rd
Chesterfield S41 7LL

Nov 21

Dec 19 - Venue: Derby City



Memory Session
& Group Activity

Fourth Friday
10:00am - 12:00pm

Rose Hill United Reform Church
Chesterfield S40 1JN

Nov 24 Dec 22

Carer Support
Group

Second Friday
10:00am - 12:00pm

The Pavilion, Queen's Park Boythorpe Avenue
Chesterfield S40 2ND

Nov 10 Dec 8

Clay Cross

Memory Session
& Group Activity

Second Monday
2:00pm - 4:00pm

Clay Cross Hospital Meeting Room, Market Street
Clay Cross S45 9NZ

Nov 13 Dec 11

"Spread the Word"

Dronfield

Memory Session
& Group Activity
Third Wednesday
1:30pm - 3:30pm

Civic Hall, Civic Centre, Off High Street
Dronfield S18 1PD

Nov 15 Dec 20

Musical Memories
Group

Civic Hall, Civic Centre, Off High Street
Dronfield S18 1PD

First Thursday
2:00pm - 4:00pm

Nov 2 Dec 7

Glossop

Glossop De-Caf

Central Methodist Church, Chapel Street
Glossop SK13 8AT

Second Wednesday
11:00am - 1:00pm

Nov 8 Dec 13

Carer Support
Group

Volunteer Centre, Howard Town House High St East
Glossop SK13 8DA

First Friday
1:00pm - 3:00pm

Nov 3 Dec 1

Musical Memories
Group

Central Methodist Church, Chapel Street
Glossop SK13 8AT

First Wednesday
1:00pm - 3:00pm

Dec 6

Ilkeston

Memory Session
& Group Activity
Second Friday
2:00pm - 4:00pm

Arena Church, 1 Rutland Street
Ilkeston DE7 8DG

Nov 10 Dec 8

Musical Memories
Group

Arena Church, 1 Rutland Street
Ilkeston DE7 8DG

Second Tuesday
1:30pm - 3:30pm

Nov 14 Dec 12

Long Eaton

Memory Session
& Group Activity
Third Friday
2:00pm - 4:00pm

St John's Church, Canal Street
Long Eaton NG10 4GA

Nov 17 Dec 15

Matlock

Memory Session
& Group Activity
Third Saturday
10:00am - 12:00pm

Matlock Young at Heart Dementia Group
Matlock Football Social Club, Causeway Lane
Matlock DE4 3AR

Nov 18 Dec 16

Carer Support
Group

Meadow View Community Care Centre, Bakewell Road
Matlock DE4 2JD

First Monday
2:00pm - 4:00pm

Nov 6 Dec 4

Musical Memories
Group

Matlock Football Social Club, Causeway Lane
Matlock DE4 3AR

Fourth Tuesday
1:30pm - 3:30pm

(No group in Dec)
Nov 28

Melbourne

Musical Memories
Group

Senior Citizens Community Centre, Church Street
Melbourne DE73 8EJ

First Wednesday
2:00pm - 4:00pm

Nov 1 Dec 6

Quarndon

Musical Memories
Group

Quarndon Village Hall, Church Road
Quarndon DE22 5JA

Third Tuesday
2:00pm - 4:00pm

Nov 21 Dec 19

Ripley

Memory Session
& Group Activity
Third Thursday
2:00pm - 4:00pm

Field Terrace Community Room, Off Slack Road
Ripley DE5 3HL

Nov 16 Dec 21