

# Derby Festival of Caring

Join Creative Carers'  
celebration of  
Carers Week  
at Derby's first  
Festival of Caring

**Thursday 14th  
June 2018**  
10.30am-2.00pm



*At Haven House  
and Oddfellows,  
Charnwood Street,  
Derby*  
Tel: 01332 227711

**FREE ENTRY**  
**All welcome!**

**Join in with the festival  
spirit:**

- Carers' Treasure Hunt \*  
*\*Must register in advance,  
£2 entry. Special Prize for the winner.*
- Arts and Crafts
- Zumba  
(sitting or standing)
- Singalong Karaoke

**Quieter alternatives  
always available**

***Be entertained by:***

- A carer playing local character Catherine Lucy Harper (lived 1730's)
- Chat and tea at Haven House
- Cultural Dancing

***Listen to:***

- Carers' stories on ipads
- How the 'walk a mile in my shoes' project was set up

**Free Hot & cold drinks  
and food  
available to buy**

**ASDA FOUNDATION**  
*'Supporting Your Local Community'*

**NHS**  
Southern Derbyshire  
Clinical Commissioning Group



A range of information and resources about support for the caring role available

# Derby's First Festival of Caring PROGRAMME

## *At Oddfellows Hall:*

- 10:30am Treasure Hunt starts here (must register in advance)  
Open Mic
- 11:00am Learn the Haven House folk song  
(very catchy!)
- 11:10am Karaoke sing-along
- 11:45am Break
- 12:00pm Quiz
- 12:15pm Zumba (sit or stand)
- 12:45pm Catherine Lucy Harper tells her local story  
(she lived in the 1730's)
- 12:50pm Fiona's story: carer, historian who once lived in the same  
house as Catherine
- 12:55pm Sound clips from 'walk a mile in my  
shoes project'
- 1.00pm Lunch. Buy what you eat.
- 1:30pm Cultural dancing
- 2:00pm Ends



## *At Haven House:*

**From 10:30am-2:00pm**

- Chill out/quiet space
- Tea and chat
- Join in with arts and crafts
- A mile in your shoes project—listen to carers stories on ipads
- Information and resources about the caring role

