

YOUNG CARERS SUPPORT

DERBYSHIRE CARERS ASSOCIATION (DCA) AWARDED YOUNG CARERS CONTRACT

From April, Derbyshire Carers Association will be the main support service for young carers in Derbyshire.

Young carers are children under 18 with caring responsibilities. For this group, we will provide a confidential service; offering support, signposting and information to young carers and those in transition to adulthood (18-25). DCA will identify and engage with young carers and their families to assess their needs and provide appropriate guidance, support groups and social activities. The new service includes increasing robust, suitable identification, signposting and support within all areas, especially educational networks such as schools and colleges with an emphasis on training and employment. We will focus our activity within schools and colleges to ensure young carers can be identified and referred into our service for continued support and advice.

According to the 2011 census data, the most recent official data, the number of young carers rose by 20% compared with ten years before to 166,000. Some of these children are not only losing their childhoods they are also missing out on vital school and training, which will have a negative impact on the rest of their lives.

What We Will Do

Identify young carers

We will raise awareness of Young Carers including issues effecting Young Carers and their families and how to refer to appropriate services through our existing communication and marketing streams. These include Hospital and GP Liaison teams, Colleges and Universities, Statutory Services and throughout the Voluntary Sector. We will work with schools to increase identification, support and networking.

We will incorporate Young Carers Awareness within our existing package to be delivered to Health, Statutory and Voluntary Teams including referral pathways and how to identify Young Carers.

Young Carers can be referred via telephone, secure website and email using the Referral Form

Assessments, Reviews and Support Planning

Where appropriate Young Carers and their families upon identification will be contacted and complete an initial contact to determine if their needs fall within the high, medium or low levels of intervention. Where appropriate Young Carers will be signposted or referred to Starting Point for an Early Help Assessment from Derbyshire County Council's Children and Families Services.

This will help identify needs which can be met from statutory services that will improve quality of Young Carers lives and prevent inappropriate caring responsibilities. Support Plans will be coproduced with Young Carers and their families if necessary.

Support Services

Following initial assessment Young Carers will complete a Support Plan and receive interventions appropriate to their level of needs. These can include:

- One-to-one support
- Information and Advice
- Social Activates and peer support
- Support Groups and Specialist Group Work
- Advocacy and Mediation Support
- Signposting and Transitional Support
- Education, Training and Employment Support.
- Whole Family Activities and sibling support
- If there are Adults in the family who also have a caring responsibility we will advise on them completing a Carers Assessment with Derbyshire Carers Association for additional support within the family

Consistency of support

Each Young Carer will have a designated Carer Support Worker for consistency and familiarity.

Young Carers and their families will receive up to date information and online support through a variety of means including websites, Young Carers newsletters and managed social media including Facebook, Twitter and Instagram.

Education, Training and Employment

The new School Liaison Worker will engage with primary and secondary schools to increase support for Young Carers in education as well as increase awareness and identification.

We will offer training opportunities for Young Carers to increase opportunities within further education, employment and voluntary work and reduce barriers to access these.

Working together with the Derbyshire Youth Council we will introduce 'Buddies' within schools and offer free safeguarding training to youth council members to enable them to support Young Carers within their schools / colleges.

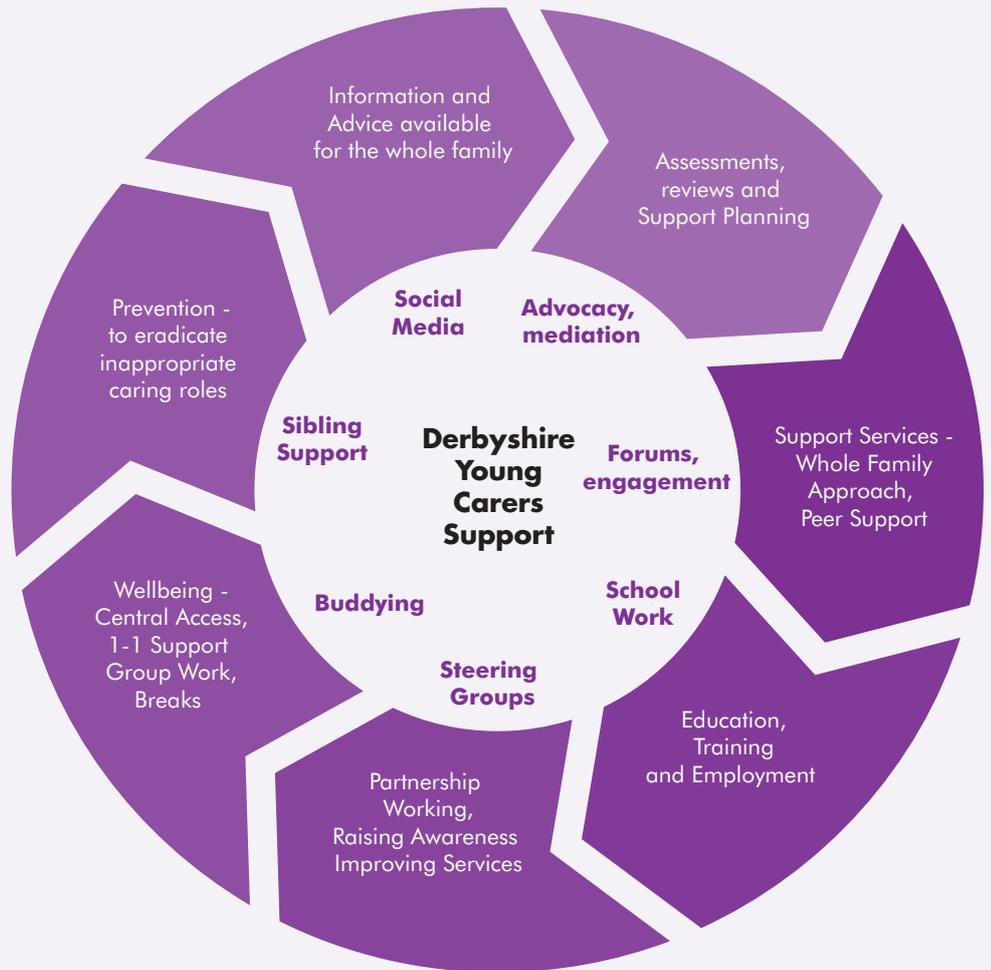
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Partnership Working

We will establish a Young Carers Working Group consisting of representatives from Health, Statutory and Voluntary partners to help shape the Young Carers Service and ensure the service continues to evolve around the changing needs of Young Carers and their families. We will introduce Young Carers forums and engagement groups and work together with partners within health to ensure that Young Carers are included in care plans and their needs are considered when designing support packages. Young Carers will also be encouraged to identify themselves as a Carer within their GP Practice enabling them to be placed on the GP Carers register and supported by health services

If you're a young carer, health professional or would like to know more please call us on 01773 833833 or visit www.derbyshirecarers.co.uk



COMMUNITY LED SUPPORT - TALKING POINTS IN DERBY

Talking Points offers you the opportunity to have a face-to-face chat with a social care worker a convenient location in your community.

The idea behind Talking Points is to bring social care workers out into the community, to be more accessible and to support you to find activities or organisations in the community that can help with your social care related issues.

We do this without going through a lengthy assessment but by simply talking through what your strengths are and what support, if any, you have in place at the moment. Then we look at what is missing and work with you to find locally available support.

DCA are hosting information stands in four locations across Derby as part of the Community Led Support Programme (CLSP) . This new way of working ensures carers are aware of the support available to them and offers a chance to meet DCA staff in an informal setting.

Talking Points are held at the following locations and days: **Please check with us prior to attending so we can inform you of any changes.**

Location	Time	Day of week	Frequency
St Edmund's Church, Sinfon Ave	10am - 12 noon	Wednesday	Weekly
Filbert Walk, Chellaston	1pm - 3pm	Wednesday	Weekly
Alvaston Library	11am - 1pm	Thursday	Weekly
Sinfon Library	10am - 12 noon	Thursday	Weekly

WELLBROOK MEDICAL CENTRE NEW CARERS GROUP IN HILTON @ 10-11.45AM

- 9th May Open coffee morning
- 13th June Respite for carers
- 11th July Alzheimer's
- 12th September Mental Health
- 10th October Open coffee morning
- 14th November Carers Rights
- 12th December Xmas Lunch Out

Please call For more information: Wellbrook Medical Centre, Welland Road, Hilton, Derby, DE65 5GZ. 01283 731213